

Edmonton Police Services Return to Work Program



Sergeant Colleen Mooney – Edmonton Police Service

Thursday, June 20th, 2019 – 10:45 a.m. to 11:45 a.m.

Colleen Mooney has been a member of the Edmonton Police Service for 17 years and is currently assigned to the Southeast Division as a Patrol Sergeant. Prior to being a Patrol Sergeant, Colleen was assigned to the Firearms

Training Unit as an Instructor and became a Co-ordinator for the Re-Integration Team as well as a member of the CISM Team. Colleen has served in many different positions in her Service including the Police Training Officer Unit and a Beats Officer. One of her career highlights was to complete an International Officer Safety Training Deployment to the Ukraine in 2015.

Since 2009, the Edmonton Police Service has utilized a re-integration program to assist members returning to work after an officer involved shooting (OIS). The process used a gradual exposure plan that helps officers with the psychological and physiological effects of lethal force encounters. The program now assists members who are striving to return to work after a Post-Traumatic Stress Disorder diagnosis or other psychological injury or illness by using peer-driven systematic desensitization.

What makes this program special is the fact that the members of the re-integration team are police officers that are helping other police officers in a hands-on manner. The officers are comfortable speaking with the team as they can relate to the work and the daily stressors of the job. Since 2013, the Edmonton Police Service Re-integration Team has worked with 145 members and has assisted them with their own goals.

Since 2015, Edmonton Police Service has hosted 5 training courses, which are 4 to 5 days in length, training other agencies on their re-integration program. The courses have assisted local EMS, Alberta RCMP, Sheriffs and Corrections as they research formulating their own programs.