



## Keynote Speaker



### **Managing Your Mental Wellness: Signs and Symptoms of Post-Traumatic Stress Disorder – The Importance of Self-Care and Seeking Assistance**



**Dr. Lori Triano-Antidormi, Psychologist**

**Thursday, June 20<sup>th</sup>, 2019 – 9:30 a.m. to 10:30 a.m.**

Dr. Lori Triano-Antidormi is a Registered Psychologist in the province of Ontario. She obtained her Ph.D. from York University in 1998. Dr. Triano-Antidormi currently works in private practice in Hamilton, Ontario. She has particular interest and expertise in the areas of grief and trauma, providing treatment to individuals who have been impacted by a violent crime, a traumatic incident, and/or who have experienced a significant loss. Her practice includes work with First Responders.

Dr. Triano-Antidormi is a former Board Member of Niagara Victim Services and past Professional Consultant to Bereaved Families of Ontario, South Central Region. She currently sits on the Chief's Standing Committee on Police Interaction with People in Crisis, and she is current President of the Schizophrenia Society of Canada Board of Directors.

Dr. Triano-Antidormi has given many invited presentations on the topics of grief and trauma, and she has spoken publicly about her own personal and traumatic experience with a mentally ill offender. For her personal and professional advocacy in promoting social justice for those living with mental illness, Dr. Triano-Antidormi was the recipient of the Outstanding Achievement Award, presented by the Schizophrenia Society of Canada, 2013.